

Problem Analysis

Public Life

Presentation Problem

Never the “real” problem, but usually the reason they came to counseling.

- ◆ My marriage is falling apart.
- ◆ I have a problem with pornography.
- ◆ I can't keep a job.
- ◆ I don't know how to trust God.
- ◆ My teenage son is rebellious

The Situation

Performance Problem

Presentation is what they say; the Performance is what they are doing.

- ◆ I shout at my wife.
- ◆ I live alone and surf the net.
- ◆ I don't follow orders at work.
- ◆ When something is wrong, I fix it.
- ◆ He is drinking, and fooling around with girls.

The Response

Private Life

Pre-Conditioning Problem

These are the habits in thinking that a person has developed to cope.

- ◆ When I don't get my way, I get angry.
- ◆ When pressure from life rises, I look for comfort.
- ◆ My dad yelled at me all the time and I will not take it from another.
- ◆ It makes me feel important when others notice what I do.
- ◆ I chose to rear him differently from how I was reared.

The Thoughts

Presuppositional Problem

This is their theology: their understanding and practice of God in their life.

- ◆ I serve the idol of control.
- ◆ I serve the idol of comfort.
- ◆ I serve the idol of power
- ◆ I serve the idol of fear
- ◆ I serve the idol of self-sufficiency

The Motives