

Fruit of the Spirit Meekness

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1. Meekness is the ability to take mistreatment by others, and the vicissitudes of life, in stride, calmly, and with inner peace, without frustration, anger, or lingering malice. Jesus, of course, is our model of perfect meekness (Matthew 11:29). The relentless efforts of his enemies to undermine his reputation did not affect Him, because “He made Himself of no reputation” (Philippians 2:7). False accusations did not cause Him to react in anger or bitterness. “Who, when He was reviled, reviled not again; when He suffered, he threatened not; but committed Himself to Him that judgeth righteously.”
2. The imagination of Matthew 11:28,29 is that true peacefulness (rest for your soul) derives from taking the yoke of Jesus upon ourselves and becoming like Him: meek and lowly in heart
 - a. Doesn't it make sense that a spirit of discontentment and disquietude is fundamentally inconsistent with inner peace and joy?
 - b. Society does not send this message. We are told we have to right every wrong, suffer no insult, no matter how slight, demand fulfillment of our rights, punish the wrongdoers, and stamp out every source of offense.
 - c. Why is it so hard to adjust to a Biblical point of view?
 - d. Meekness is not weakness. It is strength under control. It is not our mission in life to go around removing motes from everyone else's eyes. In the long run, annoyances in this life don't mean that much.
3. Anytime you experience the attitude, “No one is going to do that to me,” watch out! It is time to stop and employ meekness.