

# Getting to the Heart of the Matter

Why did you come to counseling? [Family Dysfunction](#)



What are you doing as husband and wife? [Dishonoring one another](#), anger, sarcasm



Why are you dishonoring one another? [Unresolved Conflict](#), past and present



Why is there on-going unresolved conflict? [Communication Issues](#), we don't talk right



Why are you not talking at the right depth? [Stubbornness; Anger; Frustration](#)



What is the problem? [I'm Right, You're Wrong](#)

At the end of the day I am right and my spouse is wrong. I don't need to change as much as my spouse does.

[Self-Righteousness](#)

The Gospel realigns our hearts as we redirect our thoughts more to God rather than each other. And when we see ourselves rightly before the Cross there is less and less reason to hold to our "perceived rights." A right view of the Cross lessens our demands on others. "I'm the worst sinner I know, why do I give others such a hard time?"