

## Help for the Hopeless

Dr. David Shaw

- The Psalmist declares his feelings in Psalm 22:11. List specific times when you have felt that way?  
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- Job lost nearly everything that would make a man hopeful. In Job 6:8 – 17ff, Job speaks and expresses his helplessness. What would Job have been willing to do for encouragement? For direction? For understanding?  
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- In Isaiah, chapters 9 and 10, Isaiah is predicting judgment that is to come upon Israel. In 10:3 he raises an all-important question. What is his question?  
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- According to each of the following verses, what sources of help, and therefore hope, do we have?
  - Psalm 33:20- \_\_\_\_\_
  - Psalm 45:5- \_\_\_\_\_
  - Psalm 46:1- \_\_\_\_\_
  - Psalm 121:1- \_\_\_\_\_
- In Romans 12:1 Paul indicates the first step in fulfilling this responsibility is to  
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- Helplessness and hopelessness are common human frailties. But helplessness and hopelessness can easily be a product of faithlessness (although there may be other reasons). If the Lord is the source of our help, then some of our feelings of helplessness are certainly not justified. Look up the prayer of Mark 9:24. What does this prayer suggest to you?  
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- Psalm 22:11 is Messianic. The most vocal supporter of Jesus left Him at his trial and ran. Note that Hebrews 4:15 declares something very important about Jesus. How does it speak to you?  
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- Read Matthew 14:30. How many times did Peter go down before He called to the Lord? What does this suggest to you?  
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