

Daily Meditations

**A 31-Day Meditation Guide
Large Print Edition**

Day 1

NEARNESS OF GOD

Psalm 73:28

**BUT IT IS GOOD FOR ME TO DRAW
NEAR TO GOD;
I HAVE PUT MY TRUST IN THE LORD GOD;
THAT I MAY DECLARE ALL YOUR WORKS.**

Day 2

QUIETED SOUL

Psalm 131

**LORD, MY HEART IS NOT HAUGHTY, NOR MY EYES LOFTY.
NEITHER DO I CONCERN MYSELF WITH GREAT MATTERS.
NOR WITH THINGS TOO PROFOUND FOR ME.
SURELY I HAVE CALMED AND QUIETED MY SOUL,
LIKE A WEANED CHILD WITH HIS MOTHER.
LIKE A WEANED CHILD IS MY SOUL WITHIN ME.
O ISRAEL, HOPE IN THE LORD
FROM THIS TIME FORTH AND FOREVER.**

Day 3

GUARD YOUR HEART

Proverbs 4:23

**KEEP YOUR HEART WITH ALL
DILIGENCE,
FOR OUT OF IT SPRING THE ISSUES OF LIFE.**

Day 4

COME TO JESUS

Matthew 11:28-30

“COME TO ME, ALL YOU WHO LABOR AND ARE HEAVY LADEN, AND I WILL GIVE YOU REST.”

“TAKE MY YOKE UPON YOU AND LEARN FROM ME,
FOR I AM GENTLE AND LOWLY IN HEART, AND YOU WILL FIND REST FOR YOUR SOULS.

“FOR MY YOKE IS EASY AND MY BURDEN IS LIGHT.”

Day 5

GOD'S WORD

Psalm 138:1-3

I WILL PRAISE YOU WITH MY WHOLE HEART; BEFORE THE GODS I WILL SING
PRAISES TO YOU. I WILL WORSHIP TOWARDS YOUR HOLY TEMPLE, AND PRAISE
YOUR NAME FOR YOUR
LOVINGKINDNESS AND YOUR TRUTH; FOR YOU HAVE MAGNIFIED YOUR WORD
ABOVE ALL YOUR NAME.

Day 6

GET WISDOM

James 1:5-6

IF ANY OF YOU LACKS WISDOM, LET HIM ASK OF GOD, WHO GIVES TO ALL
LIBERALLY AND WITHOUT REPROACH, AND IT WILL BE GIVEN TO HIM.

BUT LET HIM ASK IN FAITH, WITH NO DOUBTING, FOR HE WHO DOUBTS IS LIKE
A WAVE OF THE SEA DRIVEN AND TOSSED BY THE WIND.

Day 7

HEAR GOD'S VOICE

Isaiah 50:4b-5

HE AWAKENS ME MORNING BY MORNING,
HE AWAKENS MY EAR TO HEAR AS THE LEARNED.

THE LORD GOD HAS OPENED MY EAR;
AND I WAS NOT REBELLIOUS, NOR DID I TURN AWAY.

Day 8

GOD'S WAYS

Isaiah 55:8-9

“FOR MY THOUGHTS ARE NOT YOUR THOUGHTS,
NOR ARE YOUR WAYS MY WAYS,” SAYS THE LORD.

“FOR AS THE HEAVENS ARE HIGHER THAN THE EARTH,
SO ARE MY WAYS HIGHER THAN YOUR WAYS,
AND MY THOUGHTS THAN YOUR THOUGHTS.”

Day 9

OUR SUFFICIENCY

2 Corinthians 3:4-6

AND WE HAVE SUCH TRUST THROUGH CHRIST TOWARD GOD.

NOT THAT WE ARE SUFFICIENT OF OURSELVES TO THINK OF ANYTHING AS BEING FROM
OURSELVES, BUT OUR
SUFFICIENCY IS FROM GOD,

WHO ALSO MADE US SUFFICIENT AS MINISTERS OF THE NEW COVENANT, NOT OF THE LETTER BUT
OF THE SPIRIT; FOR THE LETTER KILLS, BUT THE SPIRIT GIVES LIFE.

Day 10

PLEASE GOD

2 Corinthians 5:9-10

THEREFORE WE MAKE IT OUR AIM, WHETHER PRESENT OR ABSENT, TO BE WELL

PLEASING TO HIM.

FOR WE MUST ALL APPEAR BEFORE THE JUDGMENT SEAT OF CHRIST, THAT EACH ONE
MAY RECEIVE THE THINGS DONE IN THE BODY, ACCORDING TO WHAT HE HAS DONE,
WHETHER GOOD OR BAD.

Day 11

GOD IS IN CONTROL

Romans 8:28-29

AND WE KNOW THAT ALL THINGS WORK TOGETHER FOR GOOD TO THOSE WHO LOVE GOD, TO
THOSE WHO ARE THE CALLED ACCORDING TO HIS PURPOSE.

FOR WHOM HE FOREKNEW, HE ALSO PREDESTINED, THESE HE ALSO CALLED; WHOM HE
CALLED, THESE HE ALSO JUSTIFIED; AND WHOM HE JUSTIFIED, THESE HE ALSO GLORIFIED.

Day 12

DON'T WORRY

Philippians 4:4-8

REJOICE IN THE LORD ALWAYS, AGAIN I WILL SAY REJOICE!

LET YOUR GENTLENESS BE KNOWN TO ALL MEN. THE LORD IS AT HAND.

BE ANXIOUS FOR NOTHING, BUT IN EVERYTHING BY PRAYER AND SUPPLICATION, WITH THANKSGIVING, LET YOUR REQUESTS
BE MADE KNOWN TO GOD

AND THE PEACE OF GOD WHICH SURPASSES ALL UNDERSTANDING, WILL GUARD YOUR HEARTS AND MINDS THROUGH CHRIST
JESUS.

FINALLY, BRETHREN, WHATEVER THINGS ARE TRUE WHATEVER THINGS ARE NOBLE, WHATEVER THINGS ARE JUST,
WHATEVER THINGS ARE PURE, WHATEVER THINGS ARE LOVELY, WHATEVER THINGS ARE OF GOOD REPORT, IF THERE IS ANY
VIRTUE AND IF THERE IS ANYTHING PRAISEWORTHY—MEDITATE ON THESE THINGS.

Day 13

FOLLOW CHRIST

John 10:27

MY SHEEP HEAR MY VOICE, AND I KNOW THEM, AND THEY FOLLOW ME.

Day 14

GOD'S WORD

Isaiah 55:10-11

“FOR AS THE RAIN COMES DOWN, AND THE SNOW FROM HEAVEN,
AND DO NOT RETURN THERE, BUT WATER THE EARTH,
AND MAKE IT BRING FORTH AND BUD,
THAT IT MAY GIVE SEED TO THE SOWER AND BREAD TO THE EATER,

SO SHALL MY WORD BE THAT GOES FORTH FROM MY MOUTH;
IT SHALL NOT RETURN TO ME VOID, BUT IT SHALL
ACCOMPLISH WHAT I PLEASE, AND IT SHALL PROSPER IN THE THING FOR WHICH I SENT IT.”

Day 15

GOD OF ALL COMFORT

2 Corinthians 1:3-4

BLESSED BE THE GOD AND FATHER OF OUR LORD JESUS CHRIST,
THE FATHER OF MERCIES AND GOD OF ALL COMFORT,

WHO COMFORTS US IN ALL OUR TRIBULATION, THAT WE MAY BE ABLE TO COMFORT THOSE
WHO ARE IN ANY TROUBLE, WITH THE COMFORT WITH WHICH WE
OURSELVES ARE COMFORTED BY GOD.

Day 16

HUMILITY

James 4:6

BUT HE GIVES MORE GRACE. THEREFORE HE SAYS:

“*GOD RESISTS THE PROUD, BUT GIVES GRACE TO THE HUMBLE.*”

Day 17

GOD'S POWER IN US

2 Corinthians 4:7

BUT WE HAVE THIS TREASURE IN EARTHEN VESSELS, THAT THE EXCELLENCE OF THE POWER MAY BE OF GOD AND NOT OF US.

Day 18

GOD'S WORD

Hebrews 4:2

... BUT THE WORD WHICH THEY HEARD DID NOT PROFIT THEM, NOT BEING MIXED WITH FAITH IN THOSE WHO HEARD IT.

Day 19

GLORY TO GOD

Psalm 115:1-3

NOT UNTO US, O LORD, NOT UNTO US, BUT TO YOUR NAME GIVE GLORY, BECAUSE OF YOUR MERCY, AND BECAUSE OF YOUR TRUTH; WHY SHOULD THE GENTILES SAY, 'WHERE NOW IS THEIR GOD?' BUT OUR GOD IS IN HEAVEN; HE DOES WHATEVER HE PLEASES.

Day 20

HUMILITY

Psalm 138:6-8

THOUGH THE LORD IS ON HIGH, YET HE REGARDS THE LOWLY; BUT THE PROUD HE KNOWS FROM AFAR. THOUGH I WALK IN THE MIDST OF TROUBLE, YOU WILL REVIVE ME... THE LORD WILL PERFECT THAT WHICH CONCERNS ME; YOUR MERCY, O LORD, ENDURES FOREVER; DO NOT FORSAKE THE WORKS OF YOUR HAND.

Day 21

DON'T GIVE UP

1 Corinthians 15:58

**THEREFORE, MY BELOVED BRETHREN, BE
STEADFAST, IMMOVABLE, ALWAYS ABOUNDING IN THE WORK OF THE LORD ,
KNOWING THAT YOUR
LABOR IS NOT IN VAIN IN THE LORD.**

Day 22

GUARD YOUR MIND

1 Peter 1:13

**THEREFORE GIRD UP THE LOINS OF YOUR MIND, BE SOBER, AND REST YOUR
HOPE FULLY UPON THE GRACE THAT IS TO BE BROUGHT TO YOU AT THE
REVELATION OF JESUS CHRIST.**

Day 23

PERSPECTIVE ON TRIALS

2 Corinthians 4:17-18

**FOR OUR LIGHT AFFLICTION, WHICH IS BUT FOR A MOMENT, IS WORKING FOR US A FAR MORE
EXCEEDING AND ETERNAL WEIGHT OF GLORY,**

**WHILE WE DO NOT LOOK AT THE THINGS WHICH ARE SEEN, BUT AT THE THINGS WHICH ARE
NOT SEEN. FOR THE THINGS WHICH ARE SEEN ARE TEMPORARY, BUT THE THINGS WHICH
ARE NOT SEEN ARE ETERNAL.**

Day 24

HOPE IN GOD'S WORD

Romans 15:4, 13

**FOR WHATEVER THINGS WERE WRITTEN BEFORE WERE WRITTEN FOR OUR LEARNING, THAT
WE THROUGH THE PATIENCE AND COMFORT OF THE SCRIPTURES MIGHT HAVE HOPE.**

**NOW MAY THE GOD OF HOPE FILL YOU WITH ALL JOY AND PEACE IN BELIEVING, THAT YOU
MAY ABOUND IN HOPE BY THE POWER OF THE HOLY SPIRIT.**

Day 25

GOD'S WORD

2 Peter 1:3-4

AS HIS DIVINE POWER HAS GIVEN TO US ALL THINGS THAT PERTAIN TO LIFE AND GODLINESS,
THROUGH THE KNOWLEDGE OF HIM WHO CALLED US BY GLORY AND VIRTUE,

BY WHICH HAVE BEEN GIVEN TO US EXCEEDINGLY GREAT AND PRECIOUS PROMISES, THAT
THROUGH THESE YOU MAY BE PARTAKERS OF THE DIVINE NATURE, HAVING ESCAPED THE
CORRUPTION THAT IS IN THE WORLD THROUGH LUST.

Day 26

CONTENTMENT

Philippians 4:11-13

NOT THAT I SPEAK IN REGARD TO NEED, FOR I HAVE LEARNED IN WHATEVER STATE I AM, TO
BE CONTENT: KNOW HOW TO BE ABASED, AND I KNOW HOW TO ABOUND. EVERYWHERE AND
IN ALL THINGS I HAVE LEARNED BOTH TO BE FULL AND TO BE HUNGRY, BOTH TO ABOUND
AND SUFFER NEED. I CAN DO ALL THINGS THROUGH CHRIST WHO STRENGTHENS ME.

Day 27

DISCIPLINE YOURSELF

1 Timothy 4:7

BUT REJECT PROFANE AND OLD WIVES FABLES, AND EXERCISE YOURSELF
RATHER TO
GODLINESS.

Day 28

COURAGE

2 Timothy 1:7

FOR GOD HAS NOT GIVEN US A SPIRIT OF FEAR, BUT OF POWER AND OF LOVE
AND OF A SOUND MIND.

Day 29

SECURITY

Psalm 112:6-8

SURELY HE WILL NEVER BE SHAKEN; THE RIGHTEOUS WILL BE IN EVERLASTING REMEMBRANCE. HE WILL NOT BE AFRAID OF BAD NEWS; HIS HEART IS STEADFAST, TRUSTING IN THE LORD. HIS HEART IS ESTABLISHED; HE WILL NOT BE AFRAID..."

Day 30

ENDURE

Hebrews 10:35-36

THEREFORE DO NOT CAST AWAY YOUR CONFIDENCE, WHICH HAS GREAT REWARD.

FOR YOU HAVE NEED OF ENDURANCE, SO THAT AFTER YOU HAVE DONE THE WILL OF GOD, YOU MAY RECEIVE THE PROMISE.

Day 31

PLEASE GOD

Hebrews 11:6

BUT WITHOUT FAITH IT IS IMPOSSIBLE TO PLEASE HIM, FOR HE WHO COMES TO GOD MUST BELIEVE THAT HE IS, AND THAT HE IS A REWARDER OF THOSE WHO DILIGENTLY SEEK HIM.

Psalm 143:5

"I remember the days of old; I meditate on all Your works; I muse on the work of Your hands."

