

Self-Examination of Your Heart

Part 1. Check-list of Self-Examination of Personal Sins

Instructions: Take a moment and check-off any sins that apply to you.

Stewardship of Time

- Inconsistent
- Irresponsible
- Lazy
- Procrastinator
- Wishy/washy

Stewardship of Finances

- Greedy
- Impractical
- Stingy
- Squanderer
- Wasteful

Stewardship of Tongue

- Argumentative
- Blow-ups
- Brash
- Always get the last word
- Glib
- Gossip
- Harsh
- Insolent
- Insulting
- Lying/untruthful
- Perverse/Filthy Language
- Quarrelsome
- Sarcastic
- Slanderous
- Temper outbursts

Stewardship of Self

- Arrogant
- Boastful
- Careless with eyes
- Conceited
- Cries w/o reason
- Deceitful
- Disobedient

- Overambitious
- Overly independent
- Perfectionistic
- Petty
- Rage/Anger
- Reckless
- Scheming
- Secretive
- Selfish/self-willed
- Spineless
- Stubborn
- Touchy
- Unbelieving
- Undiscerning
- Unreasonable

Stewardship of Relationships

- Belittling
- Bitter
- Blameshifting
- Blow ups
- Clams up
- Cliquish
- Closed minded
- Complaining/Nagging
- Correcting
- Critical
- Cruel
- Deceitful
- Demanding
- Distrustful
- Domineering
- Embarrassing
- Envy
- Fussy
- Hateful
- Heartless
- Holier-than-thou/Lordly
- Hostile

- Inconsiderate
- Insensitive
- Interrupting
- Jealous
- Judgmental
- Lust
- Malicious
- Prideful
- Manipulating
- Meddling
- Mischievous
- Overbearing
- Picky
- Possessive
- Puts off confronting
- Rationalizing
- Rebellious/unsubmissive
- Resentful
- Rigid
- Rude
- Snoopy
- Spiteful
- Suspicious
- Tactless
- Thin-skinned
- Thoughtless
- Tyrannical
- Uncooperative
- Unfair
- Unforgiving
- Ungrateful
- Unkind
- Unloving/unmerciful
- Untrustworthy

Part 2. Confession & Forgiveness & Sharing

- Take a moment to pray and confess your sins to God.
- Hear Scripture's promise in response to your confession: "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness" (1 John 1:9).
- If you are married, take some time to share this with your spouse.

** This exercise is an adaptation of Stuart Scott's Matthew 7 Personal Inventory*

Decision Making

- Indecisive
- Indifferent
- Inflexible